

# Bridgeport Little League

## Coaches Safety Plan

2023

## Safety Policy Statement

- It is the policy of the Bridgeport Little League to ensure the safety of all its players, coaches and spectators.
- Through the continued support of all persons involved, we believe we can make one of the finest Little League programs into one of the safest Little League programs.
- It is our ultimate goal that we safely and enjoyably teach our children the fundamentals and rules of baseball, teamwork and sportsmanship.

## EMERGENCY PHONE NUMBERS

- Our local phone number for any and all emergencies is 9-1-1
- It is important to stay as calm as possible, speak clearly, provide all information requested by the 911 operator and not hang up until instructed to do so.
- At the end of this manual is a list of phone numbers for our local little league officials should they need to be contacted.

## Prompt Accident Reporting

- Accident forms to be completed and forwarded to the safety office within 24 to 48 hours.
- Forms are available in the concession stand and the Little League website
- Track “Near Misses” to be used for future practices.

## First Aid Kits

- Each team has a first aid kit available at the concession stand and locker room. These are available at every game and every practice.
- Primarily, these first aid kits contain band aids and cold packs. For any injury that requires more treatment than a band aid or a cold pack, the player should seek medical treatment and an injury form should be filled out.

# EMERGENCY PROCEDURES

- Coaches should make a quick assessment to the seriousness of the injury/illness and call 911 if the nature of the problem requires immediate emergency medical attention.
- Trained coaches should stay with the injured person and only treat him/her to the extent of their first aid training.
- The coach should send a responsible person to contact 911.
- This person should also be directed to the concession stand to make an announcement over the PA requesting anyone with emergency medical training report immediately to the specified field.
- Coaches are not permitted to administer any medications to any person or player. Parents/Guardians are required to assume responsibility.
- Coaches are required to complete and submit an incident report within 24 hours whenever a person is injured to the extent that they require First Aid / and or professional medical treatment exceeding band aids or cold packs.

# Safety Rules

- Only Players, Coaches and Umpires are permitted within the playing field or dugouts during all games and practices.
- Games or practices should not be held when weather conditions are unsafe or when lighting is inadequate.
- Coaches are responsible for keeping their team's equipment off the playing field and inside the dugouts or hung behind the protective fencing
- Equipment must be Little League approved and should be regularly inspected by the coaching staff. Damaged equipment must be removed and destroyed.
- Batters are required to wear helmets while batting or coaching a base. This must be done during all games and practices.
- All Male players must wear a protective cup and supporter.
- Catchers must wear full protective gear whenever behind home plate during all games and practices. If a catcher is warming up a pitcher, a mask and helmet, at a minimum, are required.
- Pregame or practice warm ups should be located as to not endanger fellow players or spectators.
- Head first slides are prohibited
- Coaches are responsible to ensure no horse play during all games and practices.
- Players are not allowed to wear any jewelry, including earrings, during games or practices.
- No On Deck Batting.
- Players must remain in the dugout.

## Field Inspection Procedures

- Prior to all games and practices, the coaches of both teams will inspect the field.
- Should any unsafe conditions be found, they should immediately be corrected. If the repair cannot be made immediately, and it is of a minor nature, both teams should be notified of the condition prior to play.
- Any unsafe condition found, should be immediately be reported to the team managers, coaches, and the league officers.



## Equipment Inspection Procedures

- All equipment will be inspected prior to games and practices.
- If any unsafe equipment is found, it will either be repaired or replaced prior to play.
- Any damaged equipment, which is beyond repair, should be destroyed.

# Lightning Evacuation

- At the first sign of lightning, thunder or an approaching storm, all games and / or practices will be stopped. Under no circumstances will the game or practice resume even if the storm is estimated to be far off in the distance.
- In the event the above conditions are noted, an announcement over the PA system to instruct players and coaches, as well as spectators to either: take cover in their vehicles or inside the clubhouse, concession stand or storage building.
- Coaches and Umpires will make the final decision whether to resume play with the safety of the players and spectators being the primary concern.

## Mandatory Training

- All Managers and Coaches shall receive training in proper baseball techniques on 25MAR2023 at 9 am during the coaches meeting.
- First aid plan review will take place on Saturday March 25<sup>th</sup>, at 9 am at the Little League Field during the coaches meeting.
- Fundamentals Training for players will be held at clinics announced as the season progresses and also during practices with their teams. These will include hitting, sliding, fielding and pitching.

## Volunteers

- All volunteers that will be working in the concession stand and or coaching in any way are required to submit to background checks in accordance with LLI rules and PA State Laws regarding volunteers.
- All volunteer forms will be kept on file with our league President for two years as mandated by LLI. If for some reason this form is not completed and returned to the safety officer before league play that person will not be able to volunteer as a coach or work with the children in any way.

## Phone List

- Emergency 911
- Bridgeport Police 610-272-5660
- President – Jerry Mangan: 610-745-9814
- Vice President – Dave Dolga Jr: 484-524-3749
- Player Agent – Dave Dolga Jr: 484-524-3749
- Secretary – Jerry Mangan: 610-745-9814
- Treasurer – Dave Dolga Jr: 484-524-3749
- Safety Officer – Bill Keetley: 484-804-5024
- Information Officer – Amy High?
- Concession Manager Dave Dolga Sr 215-570-9153